Sportsmanship
- Message on 33rd Athletic Meet Opening Ceremony

Good morning, teachers and students. On this occasion of the 33rd Athletic Meet of our school, I would like to share with you some encouraging words.

This year, the main theme of our school is “Stay fit, stay healthy, stay positive”. Actually, this is what a good sportsman should do. A good sportsman or player should try his or her best to stay fit, stay healthy and stay positive.

Sportsmanship in fact means fair, kind and polite behavior, especially when playing a sport or game. In other words, a good sportsman should have the following features:

Firstly, when sportsmen play a sport or game, they are fair to others. They would not have cheating. They would not do something that is not honest.

Secondly, when sportsmen play a sport, they are kind to others. They would not be rude to others even though others are their competitors in the field.

Thirdly, when sportsmen play a game, they are polite to others. They respect others as a human being.

Fourthly, when sportsmen play a sport, they are hardworking in training, so that they can get a good result in the field. They would try their best to keep themselves fit, healthy and positive even though they would face a lot of difficulties and hardship.

Boys and girls, I strongly believe that when you are having sports competitions in this sports ground on these two days, you will be fair, kind and polite to others. I also believe that you will make your greatest effort in keeping yourselves fit, healthy and positive in the game.

As Apostle Paul says in the Bible Second Timothy Chapter 2 Verse 5, “If anyone competes as an athlete, he does not receive the victor's crown
unless he competes according to the rules” （人若在場上比武、非按規矩、就不能得冠冕。）In other words, as a sportsman, if you want to have victory in the field or sports ground, you have to play according to the rules. Then what are the rules? The rules are: To be fair, kind and polite to others in the field. And also, try to keep yourselves fit, healthy and positive.

Last but not least, may I wish you great success and enjoyment in these two days? Thank you very much.